

# **Development and Validation of the Work-Family Enrichment Scale for Dual-Career Adults in Taiwan**

**Yu-Chen Wang & Yen-Ting Chen**

**Department of Psychology and Counseling National Taipei University of Education.**

**Department of Educational Psychology and Counseling, NTNU**

## **Introduction**

- \* The view of integrating work, family and life**
- \* For dual-career adults, the experience between job and family is conflict or enriching?**
- \* The Purpose of developing a Work-Family Enrichment Scale (WFES) for dual-career adults**
- \*The relevant research**
- \*The purpose of our research: how about in Taiwan?**

## **Method**

- \* Procedure:**

**Focus group -> Pilot -> Test -> Verify dimension and model -> conducted background variables comparison**

- \* Analysis**

**Item analysis, EFA, CFA, ANOVA**

## **Result**

- \* 2 dimension factor analysis validity & reliability**

- \* Background variables comparison:**

**The Work to Family Enrichment(WFE) scored significantly in**

- 1. the gender difference: women higher > men**
- 2. occupational category: social type > other types.**
- 3. hours of doing house work: the less hours, the more strength scored**