Youth-led Career and Life Planning: Two Case Studies from Hong Kong

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Youth-led Career and Life Planning: Two Case Studies from Hong Kong

• Concepts
  – What is youth-led engagement?
  – What is youth-led career and life planning?

• Learning and Possibilities for Practices
  – Hong Kong Case Study 1
  – Hong Kong Case Study 2
Youth Engagement & Youth-led Engagement
(Ho, Clarke, & Dougherty, 2015)

01
Youth engagement / Youth organizing

“non-youth invite youth to participate in decisions”
“youth are invited to participate”

02
Youth-led engagement / Youth-led organizing

“youth taking responsibility for creating benefits for society and the world”
“set up by youth”

What is Youth-led Career and Life Planning (CLP)?

An enabling environment for the youth
Cultivate an enabling environment supporting the students. Adults can let young people strive for their meaningful life journey, and adults can provide space to promote career exploration and developmental activities based on youth’s needs.

Youth-led
Nurture students’ social responsibility and sense of responsibility, allowing them to be their own leader for designing career exploration and planning activities.

Youth exploration
Encourage student exploration, promote self-understanding, understand multiple pathways, establish career and life planning competence, thus making CLP choices appropriate to the youth’s needs.
Peer-led Life Adventure CLP at Schools Supporting Fund

• **Aims**: Encourage the youth and students to design and implement youth-led/student-led career developmental plan

• **Roles of students**: Enable the students to actively consider their career developmental needs and decide what aspects of program can suit personal needs and needs of the youth.

• **Functions**: The youth/students can develop their leadership competence and enhance their sense of belonging to the school.
Case 1
Career Prefect Programme
(in a band three mixed school)
Objectives:

1. To foster students’ personal development in terms of self-understanding, life skills and self-identity;
2. To enhance the ability and competence in helping others as a student-mentor;
3. To assist in developing the CLP development in a whole-school approach.
Mode and Plan

• Activity/experiential-based training with reflection
  – Interactive learning of concepts in CLP (e.g. Holland Codes)
  – Self-understanding and reflection of values through games
  – Students’ personal and leadership development

• Learning through Practices
  – Accumulate experiences in group practices and hands-on services, with reflection and sharing of learning to others

• Review of Learning
  – Consolidate and reflect on learning as a whole
Major Themes/Events:

From Teacher-led to Youth-led CLP

- **Early 2017**: Inauguration Kick off Ceremony cum Drama on Holland Codes
- **May-Aug 2017**: Intensive Training Workshops on Self-understanding and Team Building
- **2017-2018**: Learning through Youth-led Practices
- **2018-2019**: Revised Combination of Career Prefect Team with Career Head Prefect; Youth-led management of Career Resource Room
- **2019 onwards**: Continuous Youth-led activities and Career Prefect Team development in academic year 2019-2019
Case 2
Peer Counselor Programme
(in a band one girls’ school)
Single Role

- For providing support on Senior form subject selection to S.3 students

Comprehensive Roles

Different roles of Peer Counselor:

(A) Advanced Peer Counselor (offering S3 individual counseling)
(B) The Practitioner of specific Card Sorts/Boardgames
(C) Career Information Navigator
(D) The Youth-Led Career & Life Planning Promoter
(E) Career Corner On Duty & Up-keeping
Ideas for promoting Career & Life Planning in the school are from the students

- Videos of 14 senior form elective subjects (interview to the senior form students who are studying/ dropping the subject)

- Career sharing videos (interview to alumni)
## Peer Counselor Training Modules

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<tr>
<th>Core</th>
<th>Electives</th>
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<tbody>
<tr>
<td>(1) Introduction to Career Counseling (生涯輔導入門)</td>
<td>(A) Skills Training on S3 Counseling Service (中三選科輔導培訓)</td>
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<tr>
<td>(2) Introduction to Multiple Pathways (多元出路簡介)</td>
<td>(A1 &amp; A2) NSS Subject Choices Guidance and Counseling skills</td>
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<td>(中三選科輔導及輔導技巧實踐練習)</td>
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<td>(B) Engagement tool facilitating skills training (輔導工具帶領技巧訓練)</td>
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<td>(B1) Super Choice (非常擇) / Career Card Sort (職業排咭)</td>
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<td>(B2) Dream Crafter (築夢工程)</td>
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<td>(B3) WhatsaCareer (職場有格)</td>
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<td>(C) Advanced career information training (進階升學資訊培訓)</td>
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<td>(C1 &amp; C2) JUPAS Subject Selection Strategies (聯招選科策略)</td>
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<td>(D) The Youth-Led Career &amp; Life Planning Promoter (生涯規劃推廣)</td>
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Training Passport & Service Records
Examples of youth-led activities

1. Develop and deliver **Career & Life Planning (CLP) workshop/ interesting activities** for their peers
2. Become **mentors for their peers/junior form students**
3. Create, edit and produce **CLP video or multimedia materials** for promoting CLP
4. Organize **workshops for parents**
5. Work with **business partners** for designing workplace programme in school
6. ......
Thank You!