

INTERNATIONAL CONFERENCE ON **CAREER COACHING AND LIFE DEVELOPMENT (CCLD 2024): A PARADIGM SHIFT**

In collaboration with
MINDLER

 18th-19th January, 2024

Organized by
**FACULTY OF
BEHAVIOURAL SCIENCES**

INTRODUCTORY BROCHURE

cldsgt2024@gmail.com

<https://bhs.sgtuniversity.ac.in/cldsgt2024/>



About the Conference:

Career coaching and life development are interconnected as they address various aspects of an individual's personal and professional journey. They recognize that a fulfilling and successful career is intertwined with personal development and overall well-being. They work together to provide guidance, support, and resources to help individuals make conscious career choices, pursue meaningful goals, and lead balanced and fulfilling lives.

The conference on “Career Coaching and Life Development: A Paradigm Shift” is a comprehensive gathering of professionals, coaches, educators, and individuals passionate about personal growth, career advancement, and holistic well-being. This conference aims to explore the interconnectedness of career development and personal life, offering attendees valuable insights, strategies, and tools to thrive in both professional and personal domains.

Objectives of the Conference:

The conference aims to:

- Promote the understanding that career development and personal growth is interdependent, emphasizing the need for individuals to find alignment between their career aspirations and overall life goals.
- Equip attendees with practical skills, strategies, and resources to enhance their career prospects, such as networking, personal branding, goal setting, and effective communication.
- Highlight the importance of maintaining work-life balance, managing stress, and nurturing overall well-being to support long-term career satisfaction and success.
- Encourage individuals to reflect on their values, passions, strengths, and aspirations, enabling them to make conscious career choices and design a fulfilling life.
- Facilitate networking opportunities among professionals, coaches, and individuals, fostering connections, collaborations, and potential mentorship relationships.
- Provide a platform for experts, researchers, and practitioners to share their insights, research findings, and best practices in career coaching and life development.

Conference Theme & Sub-Themes:

The conference theme is “**Career Coaching and Life Development: A Paradigm Shift**” with the following sub themes:

- Role of Career Development in Lifelong Learning
- Role of Assessments in Career Exploration and Advancement
- Goal Setting and Action Planning for Personal growth
- Skill Development and Continuous Learning
- Work-Life Balance and Well-being
- Career Transitions and Change Management
- Personal Growth and Life Design
- Career Coaching Techniques and Methodologies
- Technology and Digital Skills for Lifelong learning
- Work Transitions and Retirement Planning
- Workforce Trends and Future of Work
- Entrepreneurship and Freelancing as New-Gen careers
- Personal Branding and Networking in Career Development
- Skill Development and Continuous Learning
- Personal Growth and Life Design
- Financial Management and Career Planning
- Flourishing, Thriving and Building a Meaningful Life
- Leadership and Career Advancement

Call for Abstract and Papers:

Participants may submit an abstract(s) with a maximum of 250 words. The abstract may be submitted by sending an email to cclds2024@gmail.com. Abstract must be written in English only in text format in MS Word, Font=Times New Roman 12, and 1.5 line spacing. Do not include any graphs, tables or images. Name of the presenting author should be underlined. The title of the abstract should be BOLD and font size 14 and Author affiliation in font size 10. Abstract must be submitted using the designated field: Introduction, Methodology, Results, Discussion, Conclusion. Abstract should contain work that is original and has not been previously published.

The submission should be carefully proofread and corrected by the author. Individual authors are responsible for the accuracy of the information supplied, as accepted abstracts will be printed or showcased in the conference publication materials. Selected papers presented in the conference will be published as international conference proceedings.

All abstracts will be reviewed by the scientific committee. Only those abstracts adjudged of high quality and of relevance will be accepted. Acceptance notification will be sent to the first submitting author and presenter with further instructions.

Registration is compulsory for attending and presenting paper and inclusion of abstracts/ full length papers in proceedings.

Conference Highlights:

- Keynote Speeches
- Interactive Workshops
- Panel Discussions
- Coaching Demonstrations
- Life Design Sessions
- Success Stories and Case Studies
- Well-being and Mindfulness Practices
- Bootcamp on “Self-Exploration & Lifelong Learning”
- Workshop on “How to become a Career Professional”
- Session on “Career Coaching: Issues and Challenges”
- Session on “Career Development & the HR”
- Session on “Careers and Future Trends”
- Training on “Career Guidance in Educational Institutes”
- Lounge Discussions and Networking

Target Audience:

The Career Coaching and Life Development Conference is designed for:

- **Career Coaches:** Professionals working in the field of career coaching who seek to enhance their coaching skills, gain insights into life development practices, and expand their coaching offerings.
- **Human Resources Professionals:** HR practitioners interested in incorporating holistic career development approaches within organizations to support employee engagement, retention, and well-being.
- **Educators and Counselors:** Teachers, counselors, and educational professionals looking to integrate career coaching and life development principles into their teaching practices and student support services.
- **Professionals Seeking Balance:** Individuals who desire to integrate their career and personal life, seeking strategies to maintain work-life balance, well-being, and fulfillment.
- **Students and Graduates:** Students and recent graduates

Confirmed Keynote Speakers:

Dr. David M. Reile is a licensed psychologist, Certified Career Counselor, Professional Certified Coach (PCC), and a Certified Executive Coach. He has been a member of the US National Career Development Association (NCDA) for decades, having served as president for 2016-2017. He earned his master's degree in community counseling from the University of Maryland, College Park (USA) with a specialization in career counseling. He earned his PhD in counseling psychology from Howard University (USA) with a specialization in assessment. He taught graduate courses in career development for many years at the University of Maryland, Loyola University in Maryland, and the Johns Hopkins University. He co-authored Facilitating Career Development for NCDA and was instrumental in the creation of NCDA's Credentialing Commission. He has co-authored a Certified Career Services Provider (CCSP)-eligible curriculum (entitled the International Career Coach curriculum) for Mindler. In his partnership with Mindler, he has helped trained hundreds of credentialed career services providers in India and the UAE. He is a Fellow of NCDA and remains an active member of the NCDA ethics committee. He received the Lifetime Achievement award from the Asia Pacific Career Development Association in 2023.



Dr. Barbara H. Suddarth is a licensed psychologist, Professional Certified Coach (PCC), and a Certified Executive Coach. She earned a Master's degree in Community Counseling at the University of Maryland at College Park. She went on to earn a Ph.D. in Counseling Psychology from the Pennsylvania State University. She has taught undergraduate and graduate courses in career development and career assessment at the University of Maryland, Penn State, and the Johns Hopkins University. She co-authored Facilitating Career Development (FCD) for the US National Career Development Association (NCDA) as well as the Offender Workforce Development (OWDS) curriculum, the Career Development Assistant (CDA) curriculum for the Japanese Career Development Association, and a Certified Career Services Provider (CCSP)-eligible curriculum (entitled the International Career Coach curriculum) for Mindler. She also assisted the Kenya Career Development Association in customizing an FCD curriculum for use in that country. She is an NCDA Fellow and a multiple-term member of the Career Development Quarterly Editorial Board



Prof. Dr. N.K. Chadha is a former Professor and Head, Department of Psychology, University of Delhi; former Director and Head, Department of Adult, Continuing Education and Extension; and Chairman, Board of Research Studies in Humanities and Social Sciences, University of Delhi, Delhi, India. For five consecutive years, he was the Panel of Judge for PM's Trophy for the Steel industry and the Task force member of Performance management division of Cabinet Secretariat, Government of India. He was the senior consultant to UNDP on career development.



Dr. Vandana Gambhir is a distinguished academic and psychologist, currently serving as an Assistant Professor at the University of Delhi's Lakshmibai College. With a unique career journey from medical physician to psychology scholar, she's earned international recognition for her expertise in areas like Psychometrics, Organizational Behavior, and Human Resource Management. Dr. Vandana is renowned for her impactful work as a behavioral trainer, fostering cross-cultural communication. Her advisory roles in government bodies and professional organizations, along with certifications in Training Needs Analysis, highlight her commitment to education. As an internationally Certified Career Coach and registered Career Counselor, she continues to make a global impact, earning accolades such as the Outstanding Career Practitioner Award and the Young Scholar's Award.



Mr. Prikshit Dhanda is an Director & Chief Strategy Officer, Mindler. Professionally trained from Harvard University, Mr. Prikshit is one of the leading Life Coach, Motivational Speaker and Career Coaches in the country. With over 20 years of experience, he has mentored and trained more than two million students across various domains and regions. Understanding students' aspirations along-with their aptitude and motivating them to achieve excellence has kept him busy for more than two decades. Mr. Dhanda is an accredited MBTI & FIRO- B practitioner and has blended the use of these instruments in training sessions for teachers, principals, and corporate executives. His insights about people & situations and analysis of human nature make him one of the most sought after trainers in the educational forum. His students are well known founders, country heads, senior executives, and ranked professionals.



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- Dr. Nimisha Kumar, Senior Consultant Psychologist, Ascend Psycare
- Dr. S. Jeyavel, CUP, Bathinda

Important Dates:

Categories	Dates
Abstract Submission	30th October 2023
Abstract Acceptance	15th November 2023
Paper Submission	30th November 2023
Early Bird Registration	30th November 2023

Registration Details:

Categories	Dates	SGT	Outsiders	Foreign Delegates
Students	30th November 2023	700/-	1000/-	50 USD
	20th December 2023	1000/-	1500/-	50 USD
	On Spot Registration	1200/-	2000/-	50 USD
Professionals/ Academician	20th November 2023	1500/-	2500/-	100 USD
	10th December 2023	1800/-	3000/-	100 USD
	On Spot Registration	2000/-	3500/-	100 USD

Travel & Accommodation:

Accommodation for the pre-registered participants (National/International) may be considered on first come first serve basis after required payments. Pick-up and drop off points will be arranged for smooth travel to and from the university campus.

Shree Guru Gobind Singh Tricentenary University, Gurugram is one of the best private universities in Delhi NCR. It has a noble mission of providing opportunities for higher education to all sections of society. The University over time has carved a reputation in the academic world by providing a steady stream of highly trained and industry-ready professionals. The University was part of the Dashmesh Educational Charitable Trust, founded in 1999. The University is UGC approved and has the necessary approvals from Haryana Government Private Universities Act (Amendment Act No. 8, 2013) and regulatory approvals from key government bodies. SGT offers more than 160 courses featuring a wide selection of undergraduate, postgraduate and PhD programs. SGT has received several awards including the Diamond rating from the QS-IGAUGE ranking. To provide global exposure, student exchange programme, and higher academic and research opportunities to its students, SGT University has tied up with several reputed foreign universities (<https://www.sgtuniversity.ac.in>).

The Faculty of Behavioural Sciences (FBS) a prime faculty of SGT University was formally established as an independent entity in 2014. The Faculty offers UG, PG, Diploma, M.Phil and Ph.D programs under the department of Clinical Psychology. B.A (Hons.) in Liberal Arts and B.Sc. in Neuro-Behaviour-Technology are the new courses introduced in 2023-24 session. More than 50 scholars are currently pursuing research in the contemporary areas of clinical, social and positive psychology, under the guidance of highly experienced mentors. The focus is on participatory, experiential, discursive and student-centric practices in its teaching-learning endeavours. Professionally trained clinical psychologists, OPD/IPD facilities, state of the art diagnostic tools, psychiatric services, and latest infrastructure helps in rendering mental health services to community at large. The vision of the faculty is to produce high quality psychologists for the nation and global communities; to make significant contributions to the science and practice of psychology in real-life situations; and to produce professionals with sound ethical, social, moral, and legal values.

Mindler is a transformative online platform that offers personalized career guidance and counseling, revolutionizing the way individuals make crucial life choices. With its cutting-edge technology and a team of experienced experts, Mindler empowers individuals to discover their true potential, align their passions with suitable career paths, and make informed decisions for a fulfilling future. By leveraging advanced psychometric assessments, intuitive algorithms, and comprehensive career resources, Mindler equips users with valuable insights, guiding them through an immersive self-exploration journey. Mindler's user-centric approach fosters a supportive environment, ensuring each individual receives tailored guidance and support throughout their career exploration process. With Mindler, individuals can confidently navigate the ever-changing world of work, unlocking their true potential and finding a purposeful career path that aligns with their unique abilities and aspirations.

