

Two-Eyed Seeing as a Framework for Incorporating Indigenous Knowledge into Career Counselling Practice and Career Counsellor Education in Canada and across the Asia Pacific Region

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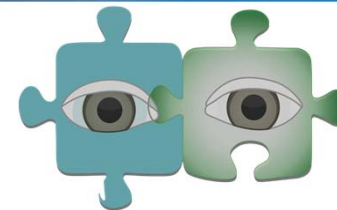
Learning Objectives

- Two-Eyed Seeing approach
- Career interventions that integrate Indigenous Knowledges
- Sharing of experiences.

Honouring Mi'kmaw Elders: Albert & Murdena Marshall



Etuaptmunk Two-Eyed Seeing



To learn to see with one eye the strengths of Indigenous knowledges, and with the other eye the strengths of Western science, and to learn to utilize both eyes mindfully together, for the benefit of all.

Etuaptmumk Two-Eyed Seeing

- Embraces the contributions of both Indigenous and Western ways of knowing.
- An interweaving or “cross-pollination” of different ways of knowing
- Could be applied in many different contexts, and could include multiple ways of seeing.

(Marshall, 2016)

Cultivating Two-Eyed Seeing

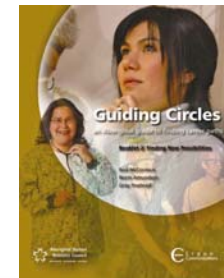
- Elder Albert Marshall asked me to reflect on 4 pivotal questions:
 - Who am I?
 - Where do I come from?
 - Why am I here?
 - Where I am going?
- Keys to finding answers: Self-awareness, integrity, humility, self-compassion and a courageous spirit.

Cultivating Two-Eyed Seeing

- Form a deeper understanding of your own cultural positioning.
- Learn about the history of Indigenous peoples and cultures in your country
- Build relationships with Indigenous peoples and communities.
- Challenge educational content and practices that assume cultural superiority

Career Models Incorporating Indigenous Knowledge

- First Nations Career/Life Planning
- “Giibinenimidizomin” (Owning Ourselves)
- Guiding Circles



Connections to the Conference Keynote Addresses



- Taoist Philosophy and Decision-Making



- Contextual Action Theory



- Hope-Centered Active Engagement

Activity: Guiding Circle

- Complete this page from the Guiding Circles Workbook
- Questions:
 - What are your reactions to the activity?
 - How does the activity reflect the idea of two-eyed seeing?

Source: McCormick, R. M., Amundson, N. E. & Poehnell, G. (2006). *Guiding circles: An Aboriginal guide to finding career paths. Booklet 1: Understanding yourself*. Saskatoon, SK: Aboriginal Human Resource Development Council of Canada.
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Thank you!

- Do you have any questions or comments?
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