The Development of the “Life Interest Exploration Card-sorting” Based on Adlerian Psychology

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Questions and Interests: Trapped and Confused Teenagers in Taiwan

- Lack of life experiences and commitment.
- Meanings for learning.
- The huge change of curriculum guidelines and college entrance exams.
- Society and Economics change rapidly.
- Asian parents cultivate their kids with fear and control.
- Limitations of formal assessments.
Theory: Career Construction/ Life Design and the idea of CCI

- Who did you admire when you were growing up?
- What do you like about these magazines or television shows?
- What is your favorite book or movie?
- Tell me your favorite saying or motto?
- What are your earliest recollections?
Procedure

Core Questions
What do you like to do when you’re free? How do you like these activities?

Put concerns back into 52 daily activities

Grounded Theory Coding: 12 categories

Confirm through practices and further research

Limitations and dilemmas to solve

CCI Literature review

Extract Life Interest

Core questions
Play video/mobile phone/online games

<table>
<thead>
<tr>
<th>Reasons and Concerns</th>
<th>Life Interest Preferences</th>
</tr>
</thead>
<tbody>
<tr>
<td>To do by myself and responsive immediately.</td>
<td>6</td>
</tr>
<tr>
<td>Think and try to figure out solutions.</td>
<td>1</td>
</tr>
<tr>
<td>Enjoy the images, sounds, and plots.</td>
<td>3</td>
</tr>
<tr>
<td>Cooperate with others to fight against the enemies.</td>
<td>4</td>
</tr>
<tr>
<td>Don`t need to interact with others.</td>
<td>6, 7</td>
</tr>
<tr>
<td>Fight and kill enemies are really relaxed and excited.</td>
<td>5</td>
</tr>
<tr>
<td>Virtual world is full of imagination.</td>
<td>2</td>
</tr>
<tr>
<td>I enjoy doing things at the same time.</td>
<td>5, 6</td>
</tr>
<tr>
<td>Invite different characters to join, make appointment to get online and play.</td>
<td>4</td>
</tr>
<tr>
<td>I enjoy leading a group, guiding others to master and generate all the opinions.</td>
<td>9</td>
</tr>
<tr>
<td>To discuss the cooperation and assignment. (money and the token)</td>
<td>8</td>
</tr>
<tr>
<td>To study and discuss the strategies to beat the level.</td>
<td>1</td>
</tr>
</tbody>
</table>
Further Research

- Internal consistency
- Factor Analysis
- Criterion of validity
- Comparison with other instruments
- Comparison with different groups, cross culture