

Longmen Grottos 、 Shaolin Temple and Zen Music Ritual All Day Tour

龙门石窟、少林寺与禅宗大典 全日游

Tuesday, May 27, 2025

2025 年 5 月 27 日 星期二

8:00 am	Hauzhi Hotel 华智酒店	Transport to Longmen Grottos 乘车前往龙门石窟
10:00 am	Longmen Grottos 龙门石窟	See below 参见下文资讯
12:00 pm	Lunch 午餐	Transport to a local restaurant 乘车前往餐厅
1:30 pm	Leave for Shaolin 前往少林寺	Transport to Shaolin Temple 乘车前往少林寺
3:30 pm	Shaolin Temple 少林寺	See below 参见下文资讯
5:30 pm	Dinner 晚餐	Transport to local restaurant and back to Shaolin temple 往返餐厅与禅宗少林表演场地
8:00 pm	Shaolin Zen Music Ritual. 禅宗少林	See below 参见下文资讯
9:30pm	Leave for hotel 返回酒店	Transport to Zhengzhou 乘车返回郑州
11:30 pm	Hauzhi Hotel 华智酒店	

The **Longmen Grottoes** is a UNESCO world cultural heritage site as “an outstanding manifestation of human artistic creativity” located in Luoyang China. It is the world’s biggest Buddhist cave treasury with thousands of stone carvings. Grottoes were carved into 97,000 Buddha statues. The grottoes were carved on the mountain on both sides of Yi river. The work on the grottoes began in 493 AD.

龙门石窟是联合国教科文组织认定的世界文化遗产，因其“卓越的人类艺术创造力”而闻名，位于中国洛阳。它是世界上最大的佛教石窟宝库，拥有数千件石雕。这些石窟内雕刻了97,000尊佛像，分布在伊河两岸的山上。石窟的开凿始于公元493年。



Shaolin Monastery also known as Shaolin Temple is famous for its association with martial arts and Zen Buddhism. It is monastic institution renowned as the birthplace of Chan Buddhism and cradle of Shaolin Kung Fu. Its location is at the foot of Wuru Peak of the Shongshan mountain range in Dengfeng county, Henan province. It is located 48 km southeast of Louyang, former capital of Northern Wei Dynasty, 72 km southwest of Zhengzhou, modern capital of Henan province.



<p>少林寺，以其与武术和禅宗佛教的关联而闻名。这是一个著名的宗教机构，被认为是禅宗的发源地和少林功夫的摇篮。少林寺位于河南省登封市的嵩山脉鲁峰脚下，距离北魏的旧都洛阳东南 48 公里，距离河南省现都郑州西南 72 公里。</p>	
<p>The Zen Shaolin Kung Fu Music Show is the largest outdoor night live Kung Fu performance in the world. This performance combines wonderful Shaolin Zen Music Ritual, profound Buddhist Zen culture, fascinating music, beautiful natural scenery, as well as advanced lighting systems. It shows the landscape changes in four seasons with Guzheng (traditional Chinese instrument) performances and nearly 600 people performing Zen and martial arts.</p> <p>禅宗少林功夫音乐秀是世界上最大的户外夜间现场功夫表演。这场表演结合了精彩的少林功夫秀、深厚的佛教禅文化、迷人的音乐、美丽的自然风光以及先进的灯光系统。它通过古筝（中国传统乐器）的表演和近 600 人的禅宗与武术表演，展现四季变化的景观。</p>	
<p><u>Tour Price: \$135. This price includes:</u> <u>费用: 135 美金, 费用包含</u></p> <ul style="list-style-type: none"> • Transfer services 来回交通 • Entry fees 入场费用 • Meals 午晚餐 • Guide services in English 英语导览 	<p><u>The tour price does not include:</u> <u>费用不含</u></p> <ul style="list-style-type: none"> • Personal expenses, shopping 个人花费与购物